



## Cancer Care At Home

We focus on helping you better understand your diagnosis so you can improve your ability to manage your disease, your medical treatment and any side effects you may experience.

### **The Goals of the Cancer Care at Home Program Are To**

- Educate you and your caregiver in medication management
- Manage the side effects of medication, treatment and the symptoms of your disease
- Prevent hospitalizations resulting from avoidable complications of the disease
- Work collaboratively with your physician to improve your health
- Improve your quality of life

Cancer care begins with a comprehensive assessment of your needs by specially trained and highly skilled clinicians. Your nurse will answer your questions and give you and your family a personalized plan of care. If needed, your nurse will set you up with our state-of-the-art remote monitoring system, which allows you to monitor your health at home and send us reports electronically every day. We will send your physician regular reports of your progress.

### **Ongoing Cancer Care Includes**

- Education and training for you and your caregiver
- Monitoring the effects of your treatments and medications
- Helping you manage complications of symptoms, including identifying problematic side effects that may need a doctor's attention
- Remote monitoring if you are identified as high risk for hospitalization
- Assisting with personal care as needed
- Making patient reports available to your physician

## The Facts About Cancer

Cancer is a group of diseases characterized by uncontrolled growth and spread of abnormal cells. More than 1.6 new cancer cases are expected to be diagnosed annually. However, 8.4 million cancer survivors are proof that this devastating disease can be treated successfully.

Cancer can cause almost any sign or symptom. The signs and symptoms will depend on where the cancer is, how big it is, and how much it affects the organs or tissues. If a cancer has spread (metastasized), signs or symptoms may appear in different parts of the body.

For tips on managing the various physical symptoms of cancer and the side effects from chemotherapy, radiation and other treatments, visit the National Cancer Institute's [Managing Physical Effects](#) page.

For more information about cancer, visit the [American Cancer Society](#) and/or the [National Cancer Institute](#).